



Core Elements
therapeutic massage

Confidential Client Information

Name: _____ Date of Birth: _____

Address: _____

City: _____ State: _____ Zip: _____

E-mail: _____

Home Phone: _____ Work Phone: _____ Cell Phone: _____

Please circle any conditions that apply to you:

Allergies
Arthritis/Joint Discomfort
Blood Clots
Cancer
Diabetes
Flu/Cold Fever

Heart Conditions
High Blood Pressure
Infection
Kidney Dsyfunction
Migraines/Headaches
Neck/Spine Injuries

Osteoporosis/Osteopenia
Respiratory Disorder
Skin Condition
Tendinitis
TMJ
Other: _____

Please list any injuries and/or surgeries and their dates: _____

Please list any medications or supplements you are currently taking: _____

Please list your main reason(s)/goals for your massage: _____

Core Elements Courtesy Conduct:

Cancellations – A minimum of 24 hours notice is requested to cancel or change an appointment. Appointments missed will be charged at full price.

Cell Phones – We ask that all phones are turned off for the relaxation of all clientele.

Gift Vouchers – Are non-refundable and must be produced at the time of your treatment. Vouchers are valid for 6 months from date of purchase.

PLEASE READ THE FOLLOWING WAIVER AND INFORMATION: I am aware of the benefits and risks of massage and give my consent for this and all consecutive treatments. I further understand that massage should not be construed as a substitute for a medical examination, or treatment and I should see a physician, or other medical professional for any ailment I am aware of. I affirm I have stated all my known medical conditions and answered the questions honestly. I agree to update the practitioner as to any changes in my medical profile. I understand there shall be no liability on the practitioners part should I forget to do so. I waive any claims and do hereby agree that I will not hold Core Elements LLC, or Claire Berresford, responsible for damages, ill effects, injury or illness that I may incur from receiving this therapeutic massage.

Signature: _____ Date: _____

Core Elements LLC 3001 Hungary Spring Road, Suite C, Richmond, VA 23228